

PUTRAJAYA AQUATHLON BRINGS OUT THE BEST IN PARTICIPANTS

Tuesday, 26 Sep 2017



Some of the young contestants celebrate after completing the Putrajaya Perdana Aquathlon.

SOME 750 participants turned up to swim, run and build their endurance and push boundaries at the Putrajaya Perdana Aquathlon 2017.

The aquathlon, organised by Team M3X by the Tri-Amateur Triathlon Club, was held at the Water Sports Complex in Putrajaya, Putrajaya Perdana Bhd was the main sponsor.

The event's popularity is the result of growing interest in multisport competitions in Malaysia. Part one of a two-part series, the second part – the Putrajaya Perdana Triathlon 2017 – will be held at the end of next month.

Aquathlon consists of a continuous, two-stage race involving swimming and running.



The podium finishers from the AquaPrime Men's category, (from left) Tsuyoshi Sawada Amzar, Aldrian and Wei Kuo Hau.

There were 14 categories based on age group and distance.

The winners in each category were:

Intan Anaqah Inderadin (AquaDiscovery Kids – girls seven to nine); Nicholas Long (AquaKids – Boys 10 to 12); Siobhain Doyle (AquaYouth – Girls 13 to 15); Oliver Rios Trott (Aqua Junior – Boys 16 to 19); Serena Yang (AquaSwim Women 20 to 29); Aldrian Yeo Yu Yong (AquaSwim Prime – Men 30 to 49) and Lindsey Fiona Cruickshanks (AquaSwim Master – Women 50 and above).

With eight of the 14 categories catering to youths, this year's event saw more young people participating compared to previous years.

Team M3X by the Tri-Amateur Triathlon Club secretary Amy Ho said, "We have achieved what we set out to do and have got more children involved in the triathlon sport."

“Sports events such as this promote responsible social behaviours and greater academic success, confidence in one’s physical abilities, appreciation of personal health and fitness and help build strong social bonds,” she added.

Putrajaya Perdana Bhd group managing director Datuk Rosman Abdullah said PPB gave its role as a corporate citizen the utmost importance.

“One of the key focus areas for our corporate social responsibility (CSR) programmes is to promote a healthy lifestyle among the youth,” he said.

The Putrajaya Perdana Triathlon 2017 will be held on Oct 22, with 14 categories.

Read more at:

<http://www.thestar.com.my/sport/community-sports/2017/09/26/putrajaya-aquathlon-brings-out-the-best-in-participants/#JfEP5rt1zucw3SpC.99>