

FOR IMMEDIATE RELEASE

Getting their Triathlon on!

The Putrajaya Perdana Triathlon 2017 marked its debut with a mix of the youth, veterans & elite pushing their boundaries to the max!



PUTRAJAYA, 22nd October 2017 – More than 650 participants from 18 different countries turned up today to swim, bike and run their way to victory in the first ever Putrajaya Perdana Triathlon. Held at the Water Sports Complex in Putrajaya, the Putrajaya Perdana Triathlon was organised by Team M3X by the Tri-Amateur Triathlon Club and mainly sponsored by Putrajaya Perdana Berhad (PPB).

This event was part of the National Sprint Triathlon Championship and sanctioned by the National Federation/Triathlon Association of Malaysia (NF/TRIAM). As such, there was an 'Elite' category (age 16 years and above) which saw 29 elite triathletes taking part, including Malaysian triathletes from the 2017 SEA Games such as Zoe Natasha Bowden and Ryan Tan Qai Shen.

The triathlon consists of a continuous three-stage race involving swimming, biking and running. The Putrajaya Perdana Triathlon 2017 consisted of 16 different categories, which differed based on the ages of the participants, and its corresponding length of the swim, bike and run. The youngest participant was 7 years of age with the most senior being a 67 year old from Hong Kong.

Some winners include Gabriel Ding Yee Shen in the TriDiscovery Kids (Boys 7 to 9) category, Mimi Adriana Lee in the TriKids (Girls 10 to 12) category, Matthew David Trott in the TriYouth (Boys 13 to 15) category, Sam Mcinnes in the TriJunior (Girls 16 to 19) category, Xian Hao Chong in the Elite (Men 16 and above) category, Ang Ye Koon in the AQUASWIM TriAdult (Men 20 to 29) category, Claire Hawkins in the TriPrime (Women 30 to 49) category and Ichiro Saito in the TriMaster (Men 50 and above) category.

More than a quarter of the participants were from the children and youth categories. This corresponds with the organisers and main sponsors' emphasis on introducing the sport to the youth with the continuous goal of developing teams of elite triathletes to represent Malaysia.

Ms. Amy Ho, Secretary, Team M3X by the Tri-Amateur Triathlon Club, believes it is important to introduce the sport to children at an early age. "Being involved in a sport like triathlon will teach children vital life skills such as discipline, motivation, commitment, and cooperation" she said.

"At Tri-Amateur Triathlon Club, we believe that while education is important, encouraging your children to adopt a healthy lifestyle is equally important, as it is beneficial for their physical, social and psychological development," she added.

Dato' Rosman Bin Abdullah, Group Managing Director, Putrajaya Perdana Berhad (PPB), shares that sentiment and believes in the importance of promoting a healthy lifestyle among the youth. "To ensure that the youth grow up to be healthy and successful individuals in the future, we need to impress upon them the importance of a healthy lifestyle from an early age. This is a key focus area for our Corporate Social Responsibility (CSR) programmes," he said.

In line with this, PPB has been actively supporting and sponsoring Team M3X by the Tri-Amateur Triathlon Club since January 2015. "The Putrajaya Perdana Triathlon 2017 was a good start and we look forward to an even bigger youth turn out next year! PPB's goal is to help increase visibility of the triathlon sports in Malaysia and help provide a platform for triathletes to excel when representing Malaysia in national and international events." said Dato' Rosman.

The Putrajaya Perdana Triathlon 2017 was the second part of a two part series, with part one being the Putrajaya Perdana Aquathlon 2017 which was held in September. The organisers and main sponsors intend to make this two part series an annual event.

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About Putrajaya Perdana Berhad

Putrajaya Perdana Berhad (PPB) is one of Malaysia's top construction, property development and concession groups. PPB has successfully delivered many distinctive and large scale projects on a turnkey, conventional and design and build basis.

PPB has built a wide range of buildings and distinctive landmarks. These include high-rise office and residential buildings, commercial and retail outlets, government offices, townships, and infrastructure projects such as highways, bridges, utility service tunnels and monorail tunnels, among others. The Company is also one of the first to incorporate energy efficiency, green and sustainability features in the buildings it constructs, making it one of Malaysia's most innovative and reliable construction groups.

Putra Perdana Construction (PPC), its construction arm has built several distinguished projects including the Pavillion KL, KL Eco City, Serai Condominium Bukit Bandaraya in Bangsar and Arcadia at Desa Park City, as well as infrastructure projects such as the PAMER (Projek Air Mentah RAPID) for PETRONAS in Pengerang, Johor.

PPC's landmark green projects include the Diamond Building for the Energy Commission, the Low Energy Office ("LEO") Building for the Ministry of Energy, Green Technology and Water as well as the Green Energy Office Building ("GEO") for National Green Energy Centre all of which received recognition from reputable green building rating systems in the world such as LEED from US, Malaysia's Green Building Index (GBI) and the Greenmark seal from Singapore.

Putra Perdana Development (PPD), its property development arm, has to date built and handed over 1,000 units of residential properties ranging from government apartments, semi-detached houses, super-link houses, townhouses and bungalows.

PPB was awarded the HR Asia Best Companies to Work For In Asia Award 2017. This award pays homage to world class corporations with high levels of employee engagement and excellent workplace cultures.

PPB is headquartered in Precinct 16, Putrajaya.

For more information, please log on to www.p-perdana.com.

About Tri-Amateur Triathlon Club

Tri-Amateur Triathlon Club is a non-profit, community based triathlon club. Established in February 2014, the club is registered with the Malaysia Sports Commissioner Office (Pesuruhjaya Sukan Malaysia) and is fully supported by the Kementerian Belia dan Sukan Malaysia.

Tri-Amateur Triathlon Club was created to provide a platform for all who wish to embark into the triathlon sports. The Club provides support to tri-athletes of all levels and ability including those who are completely new to triathlon by offering structured weekly training sessions, organized training camps, in-house and annual races.

The Club has helped children and adults who have never been physically active become triathletes and learn important life skills about teamwork, leadership and discipline. Its goal is to continuously develop teams of elite tri-athletes to represent Malaysia in national and international races.



PUTRAJAYA PERDANA BERHAD

Within Tri-amateur Triathlon Club, the Club has formed Team M3X to represent the club in all races that they participate. M3X is read as M Three X and it stands for "Malaysia Elite Cross-Training in the 3 discipline of sports ie: Swim, Bike & Run. The 3 when inverted is also E which stands for Elite.

For more information on Team M3X log on to: www.teamm3x.com.